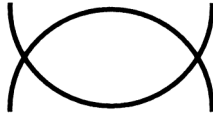


Psychodrama Institute of Melbourne



2010 Program

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The Psychodrama Institute of Melbourne

The Psychodrama Institute of Melbourne provides training, supervision, and professional and personal development courses in group leadership, psychotherapy, counselling, staff development and organisational consultancy. The institute has at its core the sociometric principles of Dr. J. L. Moreno, with our emphasis on interrelationship. The founder and director of the Institute is Sue Daniel.

The Training Program

The aim of the training is to develop theoretical knowledge and practical ability in the methods of psychodrama, sociometry, sociodrama, role training and group work through informal lectures, supervision, reading, writing and supervised practice in open and closed groups. The training is designed for professional people in such fields as counselling, psychiatry, psychotherapy, education, welfare, the arts, health, organisational and staff development and pastoral care. The training program includes ongoing group sessions on a four-term basis, weekend workshops and seminars, peer supervision plus a range of activities offered by the Moreno Psychodrama Society.

Methodology

The experiential method interwoven with theoretical knowledge is at the core of the program. This method involves the trainee actively experiencing the emotional and sensory impact associated with participation and involvement in a situation, while experiencing full intellectual functioning. Role evaluation and group interaction are all part of the learning process. While psychodrama techniques and theory are integral to the training process other creative methods may also be employed.

Training Activities

Training generally begins with Level 1 (1 year), followed by Level 2 (2 years) and then Level 3 (2 years). The training is held over 4 terms each year and includes workshops, seminars, peer groups, writing and one-to-one supervision. Trainees are encouraged to apply their new learning between terms as this contributes richly to their growth. Trainees are encouraged to be self-motivated and recognise their strengths and growing edges as learning proceeds.

One-to-One Supervision

As trainees progress through their training, one-to-one supervision is a requirement. A minimum of 100 hours of supervision is necessary plus 700 hours of ongoing training and education, toward accreditation as a psychodramatist. These hours may comprise 50 hours *each* of group supervision and one-to-one supervision.

Practitioner's and Leader's Groups

These groups are held monthly and are designed for practitioners, clinicians and group leaders who want to develop their expertise in individual counselling, psychotherapy, leadership or group work with likeminded peers.

Weekend Training Workshops, Seminars and Courses

These workshops are for trainees, practitioners and other professional people interested in the diverse applications of the psychodrama method. They make up an integral part of the ongoing training program.

Personal Development

These groups are open for anyone who wishes to explore and enter into new and vital ways of living. Trainees may want to avail themselves of some extra role development in a therapeutic environment.

Individual Psychotherapy and Counselling

Sessions for individuals, couples, children and families are by appointment. Contact the practitioner directly or call the office on 9416 3779.

Supervision Groups

The structure of these groups allow for a small group supervision process. The sessions provide an in-depth focus on aspects of practice, philosophy and theory and your functioning as a group leader and one-to-one practitioner.

The PIM Library

Trainees may borrow books, articles and audiovisual resources for up to 2 weeks. The library's reference section contains International psychodrama journals, books and other related literature. Included in the library is a rich resource of writings including papers, theses and projects illustrating the wide applications of the psychodrama method.

Description of Program

Level 1:

This one-year course includes the theory and practice that is essential to the Morenian psychodrama method. Knowledge of role theory, psychodramatic techniques, sociometry, spontaneity and child development theory, sociodrama and role training are essential elements of the course. Trainees will be taught directing, assessment through role analysis, group leadership and auxiliary skills through coaching and supervised practice. Completion of some written work and ongoing group attendance is necessary for satisfactory completion of this course.

Level 2:

This two-year course involves working at a more advanced level and trainees are expected to take the initiative in their own development and keep a training journal. Creativity and spontaneity is at the heart of the Level 2 course and each trainee's expression of their unique self will be encouraged. The trainee's role development, the ability to make role and systems analyses and the adequate learning of production skills are significant factors in the training process. Completion of a paper on the practical application of psychodrama or role theory and the ability to direct a vignette independently is required by the end of the second year of Level 2. It is necessary that trainees are involved in an ongoing process of one-to-one supervision and are members of the Moreno Psychodrama Society. A certificate is given upon satisfactory completion of this course.

Level 3:

This two-year certificated course aims to equip trainees for a greater application of the psychodramatic method in their work. The ability to work independently and have a clear identity is a significant factor in completing the program. A written project or its equivalent is a requirement, as is membership of the Moreno Psychodrama Society. Peer meetings and ongoing one-to-one supervision assists trainees to work independently and effectively in their own work area.

Practicum Group:

This group prepares trainees for their practicum. Trainees who have a minimum of 800 training hours, 100 of which comprises one-to-one and small group supervision, may apply to the Australian and Aotearoa Board of Psychodrama to do their practicum after consultation with their primary trainer.

Program 2010 Level 1 - Tuesday Evenings

Term 1:

Institute Opening Session for trainees and guests: Monday, 15 February from 7.30 – 10.30 pm

6 Tuesday evenings plus one Saturday

16 February from 7.30 – 10.30 p.m continuing 23 February, 2, 9, 16 & 23 March plus Saturday, 13 March from 10.00 a.m – 5.30 p.m.

Fee: \$490.00 (Application form with deposit \$50.00 due by Friday, 5 February)

Theatre of Spontaneity – Sundays, 28 February & 28 March (none in April) from 6.30 - 8.30 p.m.

Cross Cultural Training Seminars with Lethe Gaskin, p. 11.

Ongoing Courses with Sue Daniel, p. 12.

Term 2:

6 Tuesday evenings plus one Saturday

11, 18 & 25 May & 1, 8 & 15 June from 7.30 – 10.30 p.m, plus Saturday, 5 June from 10.00 a.m – 5.30 p.m.

Fee: \$490.00 (Deposit \$50.00 due by Friday, 7 May)

Theatre of Spontaneity – Sundays, 30 May & 27 June from 6.30 – 8.30 p.m.

Keeping the Seesaw in Play: A Psychodramatic Approach to the Work/Play Balance with Nikki Alderman, p. 10.

Term 3:

6 Tuesday evenings plus one Saturday

20 July from 7.30 – 10.30 p.m, continuing 27 July, 3, 10, 17 & 24 August plus Saturday, 24 July from 10.00 a.m – 5.30 p.m.

Fee: \$490.00 (Deposit \$50.00 due by Friday, 9 July)

Theatre of Spontaneity – Sundays, 25 July, 29 August & 26 September from 6.30 – 8.30 p.m.

The Forgotten Language of Dreams with Marie Watt, p. 11.

Psychodrama Training Workshop with Sue Daniel, p.10.

Integrating Coaching and Action Methods with Jil Toovey, p. 11.

Term 4:

6 Tuesday evenings plus one Saturday

12, 19 & 26 of October from 7.30 – 10.30 p.m, continuing 9, 16 & 23 of November (no session Melbourne Cup Day, 2 Nov.) plus Saturday, 16 October. 10.00 a.m – 5.30 p.m.

Fee: \$490.00 (Deposit \$50.00 due by Friday, 1 October)

Institute Training and Review Session for trainees and guests: Friday, 26 November from 7.30 – 10.30 p.m.

Theatre of Spontaneity – Sundays, 31 October & 28 November from 6.30 – 8.30 p.m.

Program 2010 Level 2 - Wednesday Evenings

Term 1:

Institute Opening Session for trainees and guests: Monday, 15 February from 7.30 – 10.30 pm

6 Wednesday evenings plus one Saturday

17 Feb. from 7.30 – 10.30 p.m continuing 24 Feb., 3, 10, 17 & 24 March, plus Saturday, 20 March from 10.00 a.m – 5.30 p.m.

Fee: \$490.00 (Application form with deposit \$50.00 due by Friday, 5 February)

Training Session for the Theatre of Spontaneity (trainees and practitioners only), p.12.

Theatre of Spontaneity – Sundays, 28 February & 28 March (none in April) from 6.30 - 8.30 p.m.

Cross Cultural Training Seminars with Lethe Gaskin, p. 11.

Trainer Development Workshop with Sue Daniel, p.10.

Ongoing Courses with Sue Daniel, p. 12.

Term 2:

6 Wednesday evenings plus one Saturday

12, 19 & 26 May & 2, 9 & 16 of June from 7.30 – 10.30 p.m, plus Saturday, 29 May from 10.00 a.m – 5.30 p.m.

Fee: \$490.00 (Deposit \$50.00 due by Friday, 7 May)

Theatre of Spontaneity – Sundays, 30 May & 27 June from 6.30 – 8.30 p.m.

Keeping the Seesaw in Play: A Psychodramatic Approach to the Work/Play Balance with Nikki Alderman, p. 10.

Term 3:

6 Wednesday evenings plus one Saturday

21 July from 7.30 – 10.30 p.m, continuing 28 July, 4, 11, 18 & 25 August plus Saturday, 7 August from 10.00 a.m – 5.30 p.m.

Fee: \$490.00 (Deposit \$50.00 due by Friday, 9 July)

Theatre of Spontaneity – Sundays, 25 July, 29 August & 26 September from 6.30 – 8.30 p.m.

The Forgotten Language of Dreams with Marie Watt, p. 11.

Psychodrama Training Workshop with Sue Daniel, p.10.

Integrating Coaching and Action Methods with Jil Toovey, p. 11.

Term 4:

6 Wednesday evenings plus one Saturday

20 & 27 October from 7.30 – 10.30 p.m, 3, 10, 17 & 24 November plus Saturday, 13 November from 10.00 a.m – 5.30 p.m.

Fee: \$490.00 (Deposit \$50.00 due by Friday, 1 October)

Institute Training and Review Session for trainees and guests: Friday, 26 November from 7.30 – 10.30 p.m.

Theatre of Spontaneity – Sundays, 31 October & 28 November from 6.30 – 8.30 p.m.

Program 2010 Level 3 - Thursday Evenings

Term 1:

Institute Opening Session for trainees and guests: Monday, 15 February from 7.30 – 10.30 pm
6 Thursday evenings plus one Sunday

18 February from 7.30 – 10.30 p.m continuing 25 February, 4, 11, 18 & 25 March, plus Sunday, 14 March from 10.00 a.m – 5.30 p.m.

Fee: \$490.00 (Application form with deposit \$50.00 due by Friday, 5 February)

Training Session for the Theatre of Spontaneity (trainees and practitioners only), p.12.

Theatre of Spontaneity – Sundays, 28 February & 28 March (none in April) from 6.30 - 8.30 p.m.

Cross Cultural Training Seminars with Lethe Gaskin, p. 11.

Trainer Development Workshop with Sue Daniel, p.10.

Ongoing Courses with Sue Daniel, p. 12.

Term 2:

6 Thursday evenings plus one Sunday

13, 20 & 27 May & 3, 10 & 17 of June from 7.30 – 10.30 p.m, plus Sunday, 6 June from 10.00 a.m – 5.30 p.m.

Fee: \$490.00 (Deposit \$50.00 due by Friday, 7 May)

Theatre of Spontaneity – Sundays, 30 May & 27 June from 6.30 – 8.30 p.m.

Keeping the Seesaw in Play: A Psychodramatic Approach to the Work/Play Balance with Nikki Alderman, p. 10.

Term 3:

6 Thursday evenings plus one Sunday

22 July from 7.30 – 10.30 p.m, 29 July, 5, 12, 19 & 26 August plus Sunday, 15 August from 10.00 a.m – 5.30 p.m.

Fee: \$490.00 (Deposit \$50.00 due by Friday, 9 July)

Plus: 3 Peer Sessions on Thursday Evenings, 2, 9 & 16 September: \$10.00 per session

Theatre of Spontaneity – Sundays, 25 July, 29 August & 26 September from 6.30 – 8.30 p.m.

The Forgotten Language of Dreams with Marie Watt, p. 11.

Psychodrama Training Workshop with Sue Daniel, p.10.

Integrating Coaching and Action Methods with Jil Toovey, p. 11.

Term 4:

6 Thursday evenings plus one Sunday

21 & 28 October from 7.30 – 10.30 p.m, continuing 4, 11, 18 & 25 November plus Sunday, 7 Nov. 10.00 a.m – 5.30 p.m.

Fee: \$490.00 (Deposit \$50.00 due by Friday, 1 October)

Institute Training and Review Session for trainees and guests: Friday, 26 November from 7.30 – 10.30 p.m.

Theatre of Spontaneity – Sundays, 31 October & 28 November from 6.30 – 8.30 p.m.

Program 2010 Practicum Level

Term 1: Begins with the Opening Session, Monday 15 February from 7.30 – 10.30 p.m

Weekend Workshop – 12 hours

Saturday & Sunday, 20 & 21 February from 10 a.m – 5.30 p.m.

Fee: \$250.00 (Application form with deposit \$50.00 due by Friday, 5 February)

Plus 4 Peer Sessions: Tuesdays 13, 20 & 27 April and 4 May from 7.00 – 10.00 p.m (12 hours)

Fee: \$10.00 per session.

Training Session for the Theatre of Spontaneity (trainees and practitioners only), p.12.

Theatre of Spontaneity – Sundays, 28 February & 28 March (none in April) from 6.30 - 8.30 p.m.

Cross Cultural Training Seminars with Lethe Gaskin, p. 11.

Trainer Development Workshop with Sue Daniel, p.10.

Ongoing Courses with Sue Daniel, p. 12.

Term 2:

Weekend Workshop – 12 hours

Saturday & Sunday, 1 & 2 May from 10 a.m – 5.30 p.m.

Fee: \$250.00 (Deposit \$50.00 due by Friday, 23 April)

Plus 4 Peer Sessions: Tuesdays 22 & 29 June and 6 & 13 July from 7.00 – 10.00 p.m (12 hours)

Fee: \$10.00 per session.

Theatre of Spontaneity – Sundays, 30 May & 27 June from 6.30 – 8.30 p.m.

Keeping the Seesaw in Play: A Psychodramatic Approach to the Work/Play Balance with Nikki Alderman, p. 10.

Term 3:

Weekend Workshop – 12 hours

Saturday & Sunday, 10 & 11 July from 10 a.m – 5.30 p.m.

Fee: \$250.00 (Applications and deposit \$50.00 due by Friday, 2 July)

Plus 6 Peer Sessions: Tuesdays 31 August, 7, 14, 21 & 28 September & 5 October from 7.00 – 10 p.m (18 hours) Fee: \$10.00 per session.

Theatre of Spontaneity – Sundays, 25 July, 29 August & 26 September from 6.30 – 8.30 p.m.

The Forgotten Language of Dreams with Marie Watt, p. 11.

Psychodrama Training Workshop with Sue Daniel, p.10.

Integrating Coaching and Action Methods with Jil Toovey, p. 11.

Term 4:

Weekend Workshop – 12 hours

Saturday & Sunday, 18 & 19 September from 10 a.m – 5.30 p.m.

Fee: \$250.00 (Deposit \$50.00 due by Friday, 3 September)

Plus Psychodrama Practicum Assessment Weekend: 20 & 21 November from 10 a.m – 5.30 p.m (12 hrs)

Fee: TBA – Practicum Fees also apply for candidates.

Institute Training and Review Session for trainees and guests: Friday, 26 November, 7.30 – 10.30 p.m.

Theatre of Spontaneity – Sundays, 31 October & 28 November from 6.30 – 8.30 p.m.

Psychodrama Training Weekend Workshops

MAY

Trainer Development Weekend

Trainer: Sue Daniel

Saturday & Sunday, May 8 & 9 from 10 a.m – 5.30 p.m

This weekend training workshop is designed for trainers and leaders who want to further develop their abilities to teach, supervise and lead groups using the psychodrama method. There is a focus on the application of role theory, psychodrama, sociometry, role training, and sociodrama through group work, writing and supervised practice. Participants can expect to enjoy themselves in an open spirit of learning and development.

Fee: \$330.00 (Deposit due by Friday, 1 May)

JUNE

Keeping the Seesaw in Play: A Psychodramatic Approach to the Work/Play Balance.

Director: Nikki Alderman

Saturday & Sunday, 26 & 27 June from 10 a.m – 5.30 p.m both days

This workshop will explore the everyday things that tip the balance of a healthy work and leisure interplay. This balancing act is a constant dance as life throws us interesting curve balls when we least expect it – so the idea is not to keep life static but to increase our spontaneity and creativity. Movement and development are the aims of this workshop and their application in everyday life. Open to trainees and those interested in the psychodrama method.

Fee: \$300.00 (Deposit due by Friday, 11 June)

OCTOBER

Psychodrama Training Weekend

Trainer: Sue Daniel

Saturday & Sunday, 2 & 3 October 2010 from 10 a.m - 5.30 p.m both days

This weekend workshop is suitable for counsellors and group leaders, trainees and practitioners. The major focus is on developing and refining group leadership abilities and the establishment of vital relationships. There is a major training focus in three areas: developing and maintaining group and personal warm up, the application of psychodramatic techniques and spontaneity development. Those attending may expect to enjoy the psychodramatic process in addition to learning a considerable amount of psychodrama that will have practical application in work and life. Methods include role training and classical psychodrama. Specific interests and concerns of the group members will be acknowledged and explored.

Fee: \$330.00 (Deposit \$50.00 due by Friday, 24 September)

Psychodrama Training Seminars

APRIL/MAY

Putting out the Pepeha: Psychodrama in Action in a Maori setting

Cross-Cultural Training Seminars: 2 Fridays, 30 April & 7 May from 1 – 4 p.m

Director: Lethe Gaskin

'Maori' actually means 'original'. *Kiimai Maori*, Speak, Be your own original and unique self. To Maori, the concept of the Pepeha is one of expressing who I am and where I come from. I have a Mountain, and a river, a tribe, a canoe, perhaps a chief who is living, perhaps an island. If I come from Scotland, perhaps I have a loch, or a castle. I might name my ancestors, my parents, my children. This workshop over two sessions will look at ways to use psychodrama in a cultural context which comes from Maori and which connects with the originality of all of us. It will be useful to anyone wishing to include psychodrama in their work with people from different cultural contexts, or anyone wishing to explore their own connection with self and others in this way. For trainees and professional people interested or working in cross-cultural fields. Participation in both seminars is recommended.

Fee: \$140.00 (Deposit \$50.00 due by 23 April)

AUGUST/SEPTEMBER

The Forgotten Language of Dreams - 4 Monday Evenings

Director: Marie Watt

'You shall feel my power in the helping hour
And then, you will forget...'

'Wind in the Willows'

These four evenings offer an opportunity to speak the language of the dream through the medium of psychodrama. In this imaginative space, feeling can be tapped into, past experiences re-membered, the present enlivened, possible futures envisaged. Participants will have the opportunity to enter into a deeper relationship with dream figures and symbols by exploring the 'social atom' of the dreamscape and also, to come to a deeper understanding of personal myths and themes. Open to trainees and anyone interested in learning about the symbolic life.

Dates: Monday Evenings, 30 August, 6, 13 & 20 September from 7 – 10 p.m.

Fee: \$140.00 (Deposit due by 20 August)

SEPTEMBER/OCTOBER

Integrating Coaching and Action Methods

Director: Jil Toovey

2 Friday Afternoons: 24 September and 1 October from 2 – 5 p.m

This 2-part workshop will enable participants to review and experience both psychodrama and coaching methodologies. We will work through the connections, differences and linkages within and between the two approaches to more deeply understand how to facilitate growth in others, using either method, or a combination of both. Group members can expect to work with this concept in relation to a client or team member's development need and in the context of their own growth. The workshop will combine theory and personal experience and will work with the group as a whole to ensure the learning is both theoretically and relationship focused.

Fee: \$140.00 for the course (Deposit due by 20 August).

Ongoing Courses

Active Listening: Psychodrama in One to One Counselling & Individual Psychotherapy

1ST Friday of the Month - Quarterly

Dates: March 5, June 4, August 6 & November 5 from 9.30 a.m – 12.30 p.m

Leader: Sue Daniel

These four ongoing morning seminars present a psychodramatic framework and systemic method including sociometry, role theory, autodrama and monodrama in the one to one milieu. The sessions are designed to provide useful demonstrations and supervision for anyone working with a person, couples or families in a therapeutic setting.

Fee: \$200.00 (Deposit \$50:00 due by Friday, 5 February)

“Henry’s Eating Junk Food Again!” Living through Adolescence

2ND Friday of the Month from 9.30 a.m. – 12.30 p.m. (8 sessions)

Dates: 12 Feb, 12 Mar, 14 May & 11 Jun plus 13 Aug, 10 Sept, 8 Oct & 12 November.

Leader: Sue Daniel

This ongoing workshop is designed for parents and carers of teenagers who would like a supportive ongoing environment to share their angst, their joys, their concerns and ideas about bringing up their children. Our focus is on what group members bring which may include dealing with conflict over study, food, drugs, friends and sex. Using role theory, role training and psychodramatic techniques such as doubling, mirroring and role reversal group members will have the opportunity to become more adequate and more confident in living with and loving their children. Rather than surviving, the aim is for all to thrive and mutually create conditions for optimal living. For details and interviews, contact Sue: 0417 586 791.

Fee: \$400.00 (Deposit due by 5 February)

The Two-Fold Path of Grief

3RD Friday of the Month - QUARTERLY

Dates: 19 February, 21 May, 16 July, & 15 October from 2 – 5.00 p.m.

Leader: Sue Daniel

Through these four seminars we will explore the role of grieving in the face of loss. We will look at the two processes of grief, which can be brought about by many things including losing a person, an aspect of self, an animal or a treasured object and the loss of the inherent relationship. Through role theory and a dynamic approach we will reach to heal both heart and mind. For all enquiries ring Sue on 9416 3779.

Fee: \$200.00 (Deposit due by February 5)

JANUARY

Theatre of Spontaneity – Leadership Training

SUNDAY, January 31 from 6.30 – 9.30 p.m. (3 hours)

This training night is specifically for those who are interested in being part of the team that produces this event (for trainees and practitioners only).

Leaders: Nikki Alderman and Sue Daniel

Psychodrama Personal Development Workshops

The purpose of these personal development and growth groups is to develop greater strength and more effective relationships and the ability to live life in a creative and satisfying way. For enquiries: (03) 94163779.

Psychodrama Personal Development Group

Leader: Julia Lau

4 Monday Evenings: Term 1: 1st, 8th, (break on 15th) 22nd February and 1st March

This group is for people who want to develop abilities and roles that are conducive to living healthy and happy lives, and to have satisfying and vital relationships in work and life. There will be opportunities to focus on unfinished business, minor conflicts of living and creating opportunities to develop new roles and perspectives.

Fee: \$140.00 (\$50.00 deposit payable by 22nd January 2009)

(This course is being conducted under the auspicious of PIM – 9416 3779)

Nuggets of Gold in Nappy Changing

Leaders: Hien Bui & Stephanie Lee

Different stages of parenting present different challenges, but the needs of others can often take priority over parent's needs. These groups encourage finding ways to make connection with self and the space for self. What might seem meaningless and mundane can become nuggets of gold. Held in the north at Eltham and the west in Footscray, these groups will run throughout the year with the first group running for six weeks commencing Friday 5, 12, 19 & 26 February and 5 and 12 March. Sessions are available for morning and afternoon groups. For more details, contact Hien on 0410 133 605 or Stephanie on 0418 688 422.

Warning: The physical manifestation of golden nuggets is not guaranteed.

Personal Development Workshop on Dream

Leader: Marie Watt

On Sunday 21 March, Marie is conducting a dream workshop where participants will have the opportunity to enter into a deeper relationship with dream figures and symbols by exploring the 'social atom' of the dreamscape and also to come to a deeper experience of personal myths and themes. For all enquiries including enrolment call Marie directly on 9527 2831.

Turn Around: Psychodrama Personal Development Workshops in Footscray

Leaders: Nikki Alderman and Stephanie Lee

These therapeutic groups are run in collaboration with community groups in the West of Melbourne to assist participants to turn things around in their lives. The workshops are offered on Wednesdays with a mixture of daytime and evening groups available depending on demand. Referrals are welcome and interviews are essential. For details, starting dates, times and venue, contact Nikki - 0418 134 749.

Psychodrama Personal Development Workshops cont'd

Personal Growth for Professionals

4 Friday Afternoons: 5, 12, 19 & 26 March from 2 – 5 p.m. (3 series per year)

Leader: Sue Daniel

This four-week personal growth group is for those who want to continue to explore their pathway. The focus is on clearing roadblocks in our way, some of which may be transgenerational, and preparing the ground for the future. The aim of this personal growth group is to work with like minded people who desire new role development, who want to be able to express themselves in a safe environment and who want to acknowledge, celebrate and value new life. There are three groups being held in 2010: Feb/Aug/Nov. For applications, dates and interviews telephone Sue on 9416 3779.

Fee: \$160.00 (Deposit due by February 5.)

Psychodrama Practitioner's Group

Last Friday of the Month (February – November: 10 sessions)

Director: Sue Daniel

This ongoing group of 10 sessions is for psychodrama practitioners. During these sessions attendees will have the opportunity to bring forward aspects of their work to further develop their skills and roles as a leader, clinician and practitioner. The group meets on the *last* Friday of each month from 9.30 a.m – 12.30 p.m:

Dates: 26 Feb, 26 Mar, 30 Apr, 28 May, 25 Jun, 30 Jul, 27 Aug, 24 Sep, 29 Oct. & 26 Nov.

Fee: \$330.00 for 10 sessions or \$35.00 per session (To apply, call 9416 3779)

Supervision Workshops

Ongoing Supervision Group for Group Leaders: Bi-monthly on Friday mornings

5 Sessions: 19 Feb, 16 Apr, 18 Jun, 20 Aug & 15 October from 9.30 a.m – 12.30 p.m

Leader: Sue Daniel

This group is for anyone leading groups who want to be a member of an ongoing group of people interested in furthering their group leadership skills. Those who are conducting or managing small or large groups including therapeutic groups, staff meetings, professional development and supervision groups in corporate and non-corporate organisations may all benefit from this work.

Fee: \$250.00 (\$200.00 if paid in full by 5 February)

July

Psychodrama Supervision Group – Focus on Drug/Alcohol and other long-term Health conditions – *4 Friday mornings: Fridays 2, 9, 16 & 23 July*

Leader: Nikki Alderman

Meeting at 9.30 am and finishing by 12.30 pm these sessions are for those trainees and practitioners working in the drug and alcohol and chronic health fields to bring their work forward in a supportive and exploratory environment.

Fee: \$200.00 (For interviews and applications call Nikki on 0418 134 749)

Faculty

Trainers

Sue Daniel is the Director of the Psychodrama Institute of Melbourne. She is a trainer, educator and practitioner of psychodrama and a psychologist and psychotherapist in private practice. Her work over 30 years includes conducting workshops and training seminars in Australia, Europe, Asia and the Americas developing the psychodrama method and working with communities, institutes, hospitals, universities and organisations. She is the Chairperson of the Australian and Aotearoa Board of Psychodrama (ABP) and an elected member of the Board of the International Association of Group Psychotherapy and Group Processes (IAGP).

Nikki Alderman is a psychodramatist, counselling and organisational psychologist and supervisor in private practice. She is a member of the Board of Psychodrama and has ten years teaching experience at University level. She is currently the supervising psychologist for the Joseph's Corner Drug and Alcohol service overseeing all counselling and organisational practices. Nikki has initiated personal development group programs offered in the western suburbs in collaboration with community groups as an ongoing service. She is currently completing her training as a Trainer, Educator and Practitioner (TEP) in psychodrama.

Lethe Gaskin – Eriha is her Maori name. Her life's journey has taken her from Whanganui, Aotearoa (New Zealand), to 27 years in Melbourne working as a psychologist, psychotherapist, psychodramatist, supervisor and trainer. In 2007 she returned to Aotearoa, where she lives on the Kapiti Coast in the North Island. She has worked in Mental Health, and now has a full-time private practice working with individuals and running therapeutic and personal development groups. She is a founding member of the Moreno Psychodrama Society and Kaiārahi (Guide) of PIA, the Psychodrama Institute of Aotearoa. Lethe is also a member of the Australian and Aotearoa Board of Psychodrama and a TEP in training.

Visiting Teachers, Leaders and Facilitators

Danielle Forer is a psychodramatist and social worker who works at Foundation House, conducting programs and groups for young refugees and their families. Danielle has conducted psychodrama and sociometry training workshops in Bangladesh under the auspices of PIM and presented her work at psychodrama conferences in Australia and Italy. She is working in the Level 1 program in 2010.

Jil Toovey trained with PIM and became an accredited psychodramatist in 2008. She has worked with people and groups in the corporate world for over 20 years as a facilitator, program designer and executive coach. Jil shares her adventures as she introduces psychodrama and sociometry to workshops for lawyers and business executives.

Faculty cont'd...

Visiting Teachers, Leaders and Facilitators cont'd

Marie Watt is a psychodramatist and educator for whom the highways and byways of life have led to an appreciation of people and their spirituality, a valuing of the land, of story, myth and dreams. Marie runs dream workshops at various spirituality centres in Melbourne. She uses a Jungian approach to dreams intertwined with Moreno's psychodramatic method.

Julia Lau is a psychodramatist who follows the principle of humility as described by Lao Tzu and Confucius in all aspects of life. She is a member of the Moreno Psychodrama Society. She has worked in administration for education institutions, a counselling agency and in private industry for over 30 years. Julia has had extensive involvement in a variety of multicultural group settings and more recently presented her work in Italy. Julia is conducting personal development workshops in PIM in 2010.

Acknowledgement: 2010 Brochure Design and Layout by Stephanie Lee

A New Institute is Born

PIA: Psychodrama Institute of Aotearoa

Kaiārahi (Director): Eriha / Lethe Gaskin

Kaiāwhina (Assistant Director): Katrina Gaskin

PIA, on the Kapiti Coast in Aotearoa New Zealand, provides psychotherapy, counselling, supervision, training and consultancy. PIA is based on the psychodramatic and sociometric principles of the 'Tipuna', the ancestor and founder of psychodrama Jacob Levy Moreno, and Zerka Moreno, the 92-year-old co-founder who currently lives and works in Charlottesville, Virginia, USA.

Te Ara Tipu: Three key services are developing an organisation known as 'Te Ara Tipu', which means 'A Path of Newness'. PIA is developing alongside 'Kiimai Maori', a programme teaching Te Reo, Maori Language and tikanga - cultural practices. A Kahui, a collective of services and service providers, is being developed. Its aim is to promote positive growth in people in all the circumstances of their lives. This collective, Te Ara Tipu, includes PIA and Kiimai Maori and also Rau O Te Oranga, a programme of physical, spiritual, family and mental health.

Contact: lethegaskin@hotmail.com

Other Training Information

Qualification for Admission

Applicants are not required to have previous experience in psychodrama, but must have other relevant training, for example, a graduate degree or the equivalent and have the resources to commit themselves to the training program and its requirements. Although many trainees go on to certification, some may enrol to enlarge their armamentarium of intervention, to learn more about action and group methods. Interviews are essential for Level 1 applicants and for trainees resuming training or transferring from other training institutes.

La Trobe University Affiliation

Psychodrama Institute of Melbourne trainees enrolled in the Masters Degree in Counselling and Human Services in the School of Public Health at La Trobe University may obtain 40 credit points of a total of 120 points towards this degree on completion of the Level 1 Training with the Psychodrama Institute of Melbourne.

Assessment and Accreditation

The training events within this program are assessed within the institute in consultation with the Australian and Aotearoa Board of Psychodrama (ABP). The Board consists of Sue Daniel, Chairperson (Australia), Nikki Alderman (Australia) and Lethe Gaskin (New Zealand). Completion of Level 1 to a satisfactory standard enables a person to continue into Level 2. On completion of the second level a person may achieve the level of Psychodrama-Auxiliary Ego. After completing a further year of training a person may be eligible to become a Psychodrama-Assistant. Completion of Level 3 provides an opportunity for a person to apply for accreditation as a Psychodramatist. This can take a further year. A minimum of 800 hours of training is required which includes 700 hours of ongoing training and education, 50 hours *each* of group supervision and one-to-one supervision, and two projects.

All training courses for PIM trainees are accredited through PIM, the ABP and the Moreno Psychodrama Society. Training, study and work previously done by trainees will be considered by the Faculty.

Applications and Fees

Applications for each event close on the due by date. Send in the completed application form with full payment or a deposit. The balance is normally paid before the commencement of each course or another method of payment can be discussed with the Director. Training and supervision fees are inclusive of and attract GST. Deposit amounts are non-refundable.

Venue

All workshops and seminars are held at the Psychodrama Institute of Melbourne, Collingwood unless otherwise specified.

Postal Address

Psychodrama Institute of Melbourne,
P O Box 371, East Melbourne, Victoria, 8002

Moreno Psychodrama Society

In psychodrama there is the belief that the group has the power to heal and that together we can do many things. Being in the moment, working with 'what is', brings about change and development, connection and the spontaneity that is in each of us. In trusting this process, we can expect that things will turn out well. The psychodramatic method brings about optimism in people in their relationships with others, in small and large groups, in their work and daily life.

The Moreno Psychodrama Society is a body of people working together to bring the psychodramatic method into many areas of our world. It is the umbrella organization for the Psychodrama Institute of Melbourne (PIM) and the Psychodrama Institute of Aotearoa (PIA), accredited training institutes with the Australian and Aotearoa Board of Psychodrama (ABP) that stand for, and promote the development of relationship and community through the unique expression of the members.

Benefits of Membership:

- * A Living Thriving Community
- * An ongoing E-newsletter
- * Access to Library
- * Contributions to the creation of new ideas and developments
- * Links to overseas organisations
- * Reduced rates into MPS events, such as the Theatre of Spontaneity
- * Practitioner Groups
- * Writing Groups
- * Peer Groups
- * Professional Body for accredited practitioners and psychodrama trainees

Email: MorenoSociety@netspace.net.au

Postal Address: Box 371, East Melbourne 8002

www.psychodrama-institute-melbourne.com

The Theatre of Spontaneity - 2010

Last Sunday of each month – February to November (except April), 6.30 – 8.30 p.m

The Moreno Psychodrama Society and PIM host the Theatre of Spontaneity on the last Sunday of each month except April. Using sociodrama, psychodrama, axiodrama, bibliodrama, autodrama and a host of creative applications of the method, these monthly events provide an opportunity for people to meet and connect with other likeminded people interested in exploring world, environment, community or cultural events, relationships and values.

Dates:

Feb. 28, Mar. 28, May 30, Jun. 27, Jul. 25, Aug. 29, Sep. 26, Oct. 31 & Nov. 28.

Fee: \$20.00 (\$15.00 for MPS members) Includes light refreshments

Enquiries and RSVP: (03) 9416 3779

APPLICATION FORM

2010 Training Courses, Workshops and Seminars

I enclose \$.....(Full payment/Deposit) with cheque payable to:

Postal Address: Psychodrama Institute of Melbourne
P O Box 371, East Melbourne, Victoria, 8002
ABN 19957 447 677

(Tick the relevant box/es – GST included for training groups – minimum deposit \$50.00)

Ongoing training – Beginning February 2010

- Level 1 - Tuesday evenings – 4 terms - per term: \$490.00
 - Level 2 - Wednesday evenings – 4 terms - per term: \$490.00
 - Level 3: Thursday evenings – 4 terms - per term: \$490.00
- (Full Year Payment for any of the above courses: \$1,880.00 due by 5 February)
- Practicum Level: \$250.00 per weekend
-

Psychodrama Training Weekends

- Training for Trainers: S. Daniel – 8 & 9 May: \$330.00
- Keeping the Seesaw in Play: N. Alderman – 26 & 27 June: \$300.00
- Psychodrama Training Weekend: S. Daniel – 2 & 3 October: \$330.00

Psychodrama Training Seminars

- Psychodrama in Action in a Maori Setting: L. Gaskin - 2 Fridays (Apr/May): \$140.00
- The Forgotten Language of Dreams: M. Watt – 4 Mondays (Aug/Sept): \$140.00
- Integrating Coaching and Action Methods: J. Toovey - 2 Fridays (Sept/Oct): \$140.00

Ongoing Courses: S. Daniel

- Active Listening: Psychodrama in 1-1 Counselling & Psychotherapy – 4 sessions: \$200.00
- “Henry’s Eating Junk Food Again!” Living through Adolescence - 8 Sessions: \$400.00
- The Two-Fold Path of Grief - 4 sessions: \$200.00

Supervision Group/Leaders Group/Practitioner’s Group

- Leaders’ Bi-monthly Group: S. Daniel - First Friday of the month – 5 sessions: \$250.00
- Supervision Group for Alcohol/Drug workers: N. Alderman – 4 Fridays (July): \$200.00
- Practitioner’s Group – Last Friday of the month -10 sessions (Feb. – Nov.): \$330.00

Personal Development

- Personal Development Group: J. Lau - 4 Mondays (Feb/Mar): \$140.00
- Personal Growth for Professionals: S. Daniel - 4 Fridays (Mar/Aug/Nov): each \$160.00

Other Activities

- Theatre of Spontaneity: \$20.00 (Members of MPS - \$15.00)
(Last Sunday of each month except April)

Annual Membership subscription of the Moreno Psychodrama Society:

- Trainees: \$30.00
- Accredited Practitioners: \$35.00 (includes Practice Certificate)

Total of Fees submitted:.....\$_____

Applicant’s details over this page...

